

Microblade Prep Guide

- If you are not familiar with Microblading, schedule a consultation first.
- Make sure you are comfortable going forward with semi-permanent eyebrows and that you know what to expect. If you have reservations, concerns or wish to have a better understanding of the process, contact your Microblade Specialist to discuss.
- Read and understand all Before and After Care instructions before scheduling your appointment.
- Schedule your appointment for a day when your brows do not need to look their best. You may expect some redness and slight swelling the day of. For the 14 days post-microblade, you may experience redness, flaking or swelling of the brows. Proper care will keep this to a minimum, but keep this in mind when planing important events, presentations, photo shoots, etc.
- Schedule your appointment for a time when you will not need to swim/hot tub, sweat excessively, or have prolonged sun exposure for the 14 days following the procedure. Facial treatments should wait 30 days.
- Read and sign the Microblade Consent Form and review the Pre-existing Conditions Form with your Microblade Specialist.

18 hours before your appointment, avoid the following as much as possible:

- Caffeine
- Alcohol
- Vitamins
- Ibuprofin, asprin and any medications that may thin the blood or cause skin sensitivity

